

Substance Use Support

24/7 Alcohol & Drug 604.660.9382
Burnaby Substance Use 604.777.6870
NW Substance Use 604.552.3722 x101
Creekside Withdrawal 604.587.3755
Harm Reduction / Take Home Naxolone
towardtheheart.com/site-finder

Health Clinics

Edmonds Urgent Primary Care Centre
201-7315 Edmonds St. 604.519.3787
HIM Men's/Queer Clinic 604.488.1001
Youth Clinics:
4734 Imperial St. Bby 604.293.1764
38 Begbie St. NW 604.329.1875
Options for Sexual Health 604.731.4252
VAHS Dental Clinic 604.254.9900

First Nations Health 604.693.6500

Mental Health

Burnaby 604.453.1900
New Westminster 604.777.6800

Financial

Income Assistance: 1.866.866.0800
2-4603 Kingsway, Bby
202-1015 Columbia St. NW

Service Canada 1.800.622.6232
Service BC 604.660.2421
Rent Bank 604.526.2522

Legal & Advocacy

Legal Aid BC Poverty 604.408.2172
LSLAP (UBC) 604.822.5791
Elder Law Clinic 604.437.1940
Efray Poverty Law Clinic 604.520.1166
Disability Law Clinic 236.427.1108
Kettle Society 604.253.0669
MOSAIC Legal Clinic 236.479.7153

Emergency / 24hrs

Police, Fire, Ambulance 911
Fraser Health Crisis Line 604.951.8855
Suicide/Crisis Lines: 1.800.784.2433
604.872.3311
Seniors Distress Line 604.872.1234
Rape Crisis Line 604.872.8212

Non-Emergency

RCMP 604.646.9999
New Westminster Police 604.525.5411
VictimLink BC 1.800.563.0808
Forensic Nursing VGH: 604.875.2881
Sexual Assault SMH: 604.953.4723
Health Line 811
BC Drug & Poison Info 604.682.5050



2026

Community Outreach Resource Card

Burnaby Neighbourhood House
604.431.0400
burnabynh.ca

Shelters

24/7 Shelter Helpline 211
Progressive Housing Emergency Shelter:
2294 Douglas Rd, Bby 604.522.9669
Fraserside Family Shelter 604.525.3929
Lookout Shelters 604.255.0340
Covenant House (Youth) 604.685.7474
Seniors Housing Info 604.520.6621
Rental Housing vancouver.craigslist.org
BC Housing 604.433.2218
Extreme Weather 604.255.0340

Outreach Services

**The Society to End Homelessness in
Burnaby:** 604.902.3071
Jubilee Ave, near Imperial St. Wed,
9-11am
Mobile Showers, 7135 Walker Ave, Bby,
Wed, 4-5pm; Thurs, 9:30-11:30am

Women's Transition Houses

Dixon Transition Society 604.298.3454
Elizabeth Fry Transition 604.520.1166
Monarch Place 604.521.1888

Progressive Housing Society

7836-6th St. Bby 604.522.9669x318

Purpose Society 604.526.2522

Mobile Health Van 604.351.1885

Emergency Food Cupboards

Ryan's Rainbow 604.761.4357
1600 Cliff Ave, Bby, Thurs, 11am-3pm
St. Barnabas Church 604.526.6646
1010-5th Ave, NW, Wed, 1-2:30pm
Salvation Army (Harvest) 604.437.1521
Salvation Army (NW) 604.521.2421

Food Banks & Hubs

Greater Van Food Bank 604.876.3601
8345 Winston St. Bby
Fri, 12-7pm; Sat, 10am-3pm

The Neighbourhood Church/The Society
to End Homelessness
7135 Walker Ave, Bby
Tue, 1-6pm; Wed, 9am-2pm

Don't Go Hungry Food Hubs
1320-7th Ave, NW, Sat, 12:30-1:30pm
920 Ewen Ave, NW, Sat, 12:45-1:15pm
322 Hospital St. E, NW, Sat, 1-1:30pm
7457 Edmonds St. Bby, Sat, 12:30-2pm

Burnaby Neighbourhood House
Food Hubs South: 604.307.2945
Muslim Food Bank 1.866.248.3868
Salvation Army New West 604.521.2421

Free Community Meals

Holy Trinity Cathedral
514 Carnarvon St. NW, Sat, 11am-12pm
The Neighbourhood Church/
Outreach Resources Centre
7135 Walker Ave. Bby, Wed, 5-7pm
Union Gospel Mission
658 Clarkson St. NW, Mon-Fri, 8 & 11am
Gurdwara
347 Wood St. NW, anytime until 8pm
St. Barnabas Church, Grab & Go
1010-5th Ave, NW, Wed, 1-2:30pm

Quest Food Market 604.553.0636
(Low-Cost Grocery Shopping)
questoutreach.org, 7753 6th St. Bby