

第一週	星期一	星期三	星期五
湯 / 甜品 Soup / Dessert	南瓜湯 <i>Butternut Squash soup / 香蕉 Banana</i>	西芹忌廉湯 <i>Cream of Celery / 巧克力布丁 Chocolate Pudding</i>	雜菜湯 <i>Vegetable Barley Soup / 蘋果酥 Apple Crisp</i>
西餐 Western	白汁雞皇飯配蔬菜 Chicken a la king Rice & Vegetables	焗馬鈴薯煙肉配蔬菜 Baked Potato with Bacon Vegetables	牛肉千層麵配蔬菜 Beef Lasagna Vegetables
素食餐 Vegetarian	蘑菇飯配蔬菜 Mushroom a la king Rice & Vegetables	芝士西蘭花焗馬鈴薯配蔬菜 Baked Potato with Broccoli + Cheese Vegetable	蔬菜千層麵配蔬菜 Vegetable Lasagna Vegetables
東南亞餐 Asian	咖喱雞配蔬菜, 白飯, 清湯 Chinese Broth, Rice, Vegetables Curry Chicken	甜酸咕嚕配蔬菜, 白飯, 清湯 Chinese Broth, Rice, Vegetables Sweet and Sour Pork	照燒雞配蔬菜, 白飯, 清湯 Chinese Broth, Rice, Vegetables Teriyaki Chicken
中餐 Chinese	翠玉瓜木耳豬肉片配蔬菜, 白飯, 清湯 Chinese Broth, Rice, Vegetables Zucchini & Black Fungus with sliced Pork	蕃洋蔥魚塊配蔬菜, 白飯, 清湯 Chinese Broth, Rice, Vegetables Fish with Onion and Tomato sauce	海鮮蒸蛋配蔬菜, 白飯, 清湯 Chinese Broth, Rice, Vegetables Steamed Egg with Seafood
冷凍西餐(沒有湯和甜品) Frozen (no soup or dessert)	香蒜檸檬烤雞翅 Lemon Garlic Roasted Chicken Drumstick	烤德式香腸 Grilled Bavarian smokie	串燒牛肉 Beef Stew

第二週	星期一	星期三	星期五
湯 / 甜品 Soup / Dessert	蕃茄羅勒湯 <i>Tomato-Basil Soup / 雲尼拿布丁 Vanilla Pudding</i>	蔬菜粟米片湯 <i>Vegetable Tortilla Soup / 蘿蔔蛋糕 Carrot-cake</i>	意大利雜菜湯 <i>Minestrone Soup</i> 核桃牛油撻 <i>Maple Walnut Butter Tart</i>
西餐 Western	炸雞腿配馬鈴薯蔬菜 Fried Chicken Thigh (boneless) Potato & Vegetables	托斯卡奧左米粒麵配意式香腸蔬菜 Tuscan Orzo with Italian Sausage Vegetables	俄羅斯牛柳絲蛋麵配蔬菜 Beef Stroganoff Egg Noodle & Vegetables
素食餐 Vegetarian	炸豆腐配馬鈴薯蔬菜 Fried Tofu Potato & Vegetables	托斯卡奧左米粒麵配豆腐蔬菜 Tuscan Orzo with Tofu Vegetables	俄羅斯絲豆腐蛋麵配蔬菜 Mushroom Stroganoff Egg Noodle & Vegetables

東南亞餐 Asian	牛油雞配蔬菜, 白飯, 清湯 Chinese Broth, Rice, Vegetables Butter Chicken	泰式紫蘇醬肉丸配蔬菜, 白飯, 清湯 Chinese Broth, Rice, Vegetables Meat Ball with Thai Shiso Sauce	左宗棠雞配蔬菜, 白飯, 清湯 Chinese Broth, Rice, Vegetables General Tso Chicken
中餐 Chinese	香蔥雞夫扒配蔬菜, 白飯, 清湯 Chinese Broth, Rice, Vegetables Chicken with Green Onion	菜脯蒸豬肉餅配蔬菜, 白飯, 清湯 Chinese Broth, Rice, Vegetables Steamed Pork Patty with Preserved Radish	南瓜雞柳配蔬菜, 白飯, 清湯 Chinese Broth, Rice, Vegetables Stir Fry Chicken With Pumpkin
冷凍西餐(沒有湯和甜品) Frozen (no soup or dessert)	釀火雞配薯蓉蔬菜 Turkey with stuffing Mashed potato & Vegetables	洋蔥煙肉波蘭餃子 Perogies with Bacon and Onion	牛肉牧羊人夫批 Beef Shepherd's Pie
第三週			
湯 / 甜品 Soup / Dessert	雜菜米湯 Vegetable Rice Soup / 巧克力布朗尼 Chocolate Brownie	馬鈴薯忌廉湯 Cream of Potato / 香蕉 Banana	豌豆湯 Split Pea Soup / 雲尼拿野果乳酪 Vanilla Yogurt with Mixed Berries
西餐 Western	雞肉馬里納拉醬義大利麵配蔬菜 Chicken with Pasta Marinara Sauce Vegetables	焗火腿馬鈴薯配蔬菜 Baked Ham Potato & Vegetables	托斯卡牛肉配蔬菜 Tuscan Beef with Beans Rice & Vegetables
素食餐 Vegetarian	蘑菇馬里納拉醬義大利麵配蔬菜 Mushroom with Pasta Marinara Sauce Vegetables	芝士通心粉配蔬菜 Macaroni & Cheese Vegetables	托斯卡飯配蔬菜 Tuscan Rice and Beans Rice & Vegetable
東南亞餐 Asian	宮保雞配蔬菜, 白飯, 清湯 Chinese Broth, Rice, Vegetables Kung Pao Chicken	泰式黃咖哩配蔬菜, 白飯, 清湯 Chinese Broth, Rice, Vegetables Thai Yellow Curry	咕嚕肉配蔬菜, 白飯, 清湯 Chinese Broth, Rice, Vegetables Sweet and Sour Pork
中餐 Chinese	蕃洋蔥魚塊配蔬菜, 白飯, 清湯 Chinese Broth, Rice, Vegetables Fish with Onion and Tomato sauce	海鮮蒸蛋配蔬菜, 白飯, 清湯 Chinese Broth, Rice, Vegetables Steamed Egg with Seafood	薑蔥豆腐蒸魚配蔬菜, 白飯, 清湯 Chinese Broth, Rice, Vegetables Steamed Fish and Tofu with Ginger and Green Onion
冷凍西餐(沒有湯和甜品) Frozen (no soup or dessert)	炸雞腿配蔬菜 Fried Chicken Drumstick Vegetables	豬肉配蔬菜及飯 Pork with Vegetables and Rice	香草烤雞腿配蔬菜 Herb Roasted Chicken Thigh Rice & Vegetables



BURNABY

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第四週	星期一	星期三	星期五
湯 / 甜品 Soup / Dessert	摩洛哥紅扁豆湯 / 香蕉蛋糕 <i>Moroccan Red Lentil Soup Banana Bread</i>	烤雜菜湯 / 檸檬慕絲 <i>Roasted Vegetable Soup Lemon Mousse</i>	家常蔬菜湯 / 焦糖布丁 <i>Home-Style Vegetable Noodle Soup Butterscotch Pudding</i>
西餐 Western	雞肉蔬菜批 Chicken Pot Pie Vegetables	豬肉薄片配飯和蔬菜 Pork Scallopini Rice Vegetables	蘑菇牛肉丸配馬鈴薯和蔬菜 Beef Meatballs with Mushroom Gravy Potato + Vegetables
素食餐 Vegetarian	蔬菜批 Veggie Pot Pie Vegetables	豆腐薄片配飯和蔬菜 Tofu Scallopini Rice & Vegetables	蘑菇素丸配馬鈴薯和蔬菜 Veggie Meatball with Mushroom Gravy Potato + Vegetables
東南亞餐 Asian	日式照燒雞配蔬菜, 白飯, 清湯 Chinese Broth, Rice, Vegetables Teriyaki Chicken	左宗棠雞配蔬菜, 白飯, 清湯 Chinese Broth, Rice, Vegetables General Tso Chicken	泰式紫蘇醬肉丸配蔬菜, 白飯, 清湯 Chinese Broth, Rice, Vegetables Meat Ball with Thai Shiso Sauce
中餐 Chinese	菜脯蒸豬肉餅配蔬菜, 白飯, 清湯 Chinese Broth, Rice, Vegetables Steamed Pork Patty With Preserved Radish	南瓜雞柳配蔬菜, 白飯, 清湯 Chinese Broth, Rice, Vegetables Stir Fry Chicken With Pumpkin	海綿蛋木耳豬肉配蔬菜, 白飯, 清湯 Chinese Broth, Rice, Vegetables Sponge Egg & Black Fungus with Pork
冷凍西餐(沒有湯和甜品) Frozen (no soup or dessert)	焗吞拿魚通粉 Tuna Casserole	釀豬肉眼配配 Pork loin Stuffing & Vegetables	蒜子蜜汁雞球 Honey Garlic Boneless Chicken

2026 Schedule

January 5 -9	Week 4			Week 1	Easter Monday CLOSED Monday April 6
January 12 – 16	Week 1			Week 2	
January 19 – 23	Week 2			Week 3	
January 26 – 30	Week 3			Week 4	
February 2 – 6	Week 4	Staff Meeting CLOSED Friday February 6		Week 1	
February 9 – 13	Week 1			Week 2	
February 16 – 20	Week 2	Family Day CLOSED Monday February 16		Week 3	Victoria Day CLOSED Monday May 18
February 23 – 27	Week 3			Week 4	
March 2 – 6	Week 4			Week 1	
March 9 – 13	Week 1			Week 2	
March 16 – 20	Week 2			Week 3	
March 23 – 27	Week 3			Week 4	
March 30 – April 3	Week 4	Good Friday CLOSED Friday April 3		Week 1	Canada Day CLOSED Wednesday July 1

2026 Schedule

July 6 – 10	Week 2			October 5 – 9	Week 3	
July 13 – 17	Week 3			October 12 – 16	Week 4	Thanksgiving CLOSED Monday October 12
July 20 – 24	Week 4			October 19 – 23	Week 1	
July 27 – 31	Week 1			October 26 – 30	Week 2	
August 3 – 7	Week 2		BC Day CLOSED Monday August 3	November 2 – 6	Week 3	
August 10 – 14	Week 3			November 9 – 13	Week 4	Remembrance Day CLOSED Wednesday November 11
August 17 – 21	Week 4			November 16 – 20	Week 1	
August 24 – 28	Week 1			November 23 – 27	Week 2	
August 31 – September 4	Week 2			November 30 - December 4	Week 3	
September 7 – 11	Week 3		Labour Day CLOSED Monday September 7	December 7 – 11	Week 4	
September 14 – 18	Week 4			December 14 – 18	Week 1	
September 21 – 25	Week 1			December 21 – 25	Week 2	CLOSED December 24th – 25th
September 28 – October 2	Week 2		National Day for Truth & Reconciliation CLOSED Wednesday September 30	December 28 – January 1	Week 3	CLOSED