

Knitting Hearts Connect Workshop



A 6-week workshop where participants learn to crochet fidget blankets designed to provide comfort and sensory calming. Completed blankets will be donated to VPD Victim Services, seniors with dementia, and victim services clients.

為期 6 週的工作坊，帶領參加者學習鉤織安撫觸感毯，透過觸覺刺激帶來安定與舒緩。完成的作品將捐贈給溫哥華警察局受害者支援服務、失智長者及受害者支援計畫的服務對象。



**2026.02.02—2026.03.16
Every Monday 每周一下午 3:00—4:30pm**

BNH South House 3rd Floor
4460 Beresford Street, Burnaby

We provide all materials. Limited spaces.
我們提供所有材料，名額有限。

Registration Required

活動需報名注冊，請聯繫
please contact Dali:
236-877-2616
daliq@burnabynh.ca

Eligibility 報名條件: 55+ 長者, and
• PRs, or Family & Friend Caregivers
永久居民或親友照顧者

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British Columbia

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Interior, Lower Mainland, Central
& Northern Vancouver Island

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