

Join our in-person programs for 55+!

## Seniors Connections In Person Programs

Wednesdays 12:15PM - 1:45PM

(\$4 mini lunch)

Fridays 11:00 AM - 1:00PM

(\$7 lunch)

yoga s

sewing

line dance

workshops

BINGO

karaoke

AND MORE!!

Burnaby Neighbourhood House - South House 3rd Floor, 4460 Beresford St.



Monthly calendar available!

Come by our South House and pick up a copy or call 604-431-0400 to have it emailed to you

If you have any questions, please reach Lea at 604-431-0400 or leak@burnabynh.ca



BURNABY NEIGHBOURHOOD HOUSE IS A COMMUNITY DRIVEN AND COMMUNITY FUNDED AGENCY LOCATED ON THE UNCEDED TERRITORIES OF THE TSLEIL-WAUTHUTH (SƏĹILŴƏTA?Ł), KWIKWETLEM (ΚოΙΚოΘάΘΜ), SQUAMISH (SဣWϪWÚ7MESH ÚXWUMIXW) AND MUSQUEAM (ΧოΜΘΘΚოΘΎΘΜ) NATIONS WITH A UNIQUE FOCUS ON NEIGHBOURS SUPPORTING NEIGHBOURS.