Latin Beat: 5 for a healthy lifestyle

With *Ivette*

Seniors Connections Community Program

Every Friday 10:00–11:00AM BNH South House (4460 Beresford Street)

BNH Membership is Required!

To Register, contact Lea at

leak@burnabynh.ca or

604-431-0400



Burnaby Neighbourhood House is a community driven and community funded agency located on the unceded territories of the Tsleil-Wauthuth (səlilẃətaʔɬ), Kwikwetlem (kʷikʷəλəm), Squamish (Sk̠wফ̯wúʔmesh Úxwumixw) and Musqueam (xʷməθkʷəýəm) nations with a unique focus on neighbours supporting neighbours.