



Seniors Grocery Shopping

Do you have difficulty grocery shopping for yourself?

Our grocery shopping and delivery program helps older adults maintain independence at home

For who?

Older adults 55+ who live in Burnaby
Member of Burnaby Neighbourhood House

We will call you once a week to obtain your grocery shopping list, place your order online and Superstore will do the shopping and delivery for you

Registration required

For more information contact
Cynthia 672 377 5608
seniorshopping@burnabynh.ca



Burnaby Neighbourhood House is a community driven and community funded agency located on the unceded territories of the Tsleil- Waututh (səlilwətaʔt), Kwikwetlem (kʷikwəɬəm), Squamish (Skwxwú7mesh Úxwumixw) and Musqueam (xʷməθkʷəy̓əm) nations with a unique focus on neighbours supporting neighbours.



United Way
British Columbia

Working with communities in
BC's North, Interior, Lower Mainland,
Central & Northern Vancouver Island



長者雜貨購物服務

你是否在購物方面遇到困難？

我們的購物和送貨服務協助長者在家中繼續獨立生活

對象：

55歲或以上居住在本拿比的人士
本拿比鄰里之家會員

我們每週致電給你以獲取你的購物清單，並幫助你在網上下單，然後Superstore 便會為你的訂單進行送貨

需要預先登記

如欲了解詳情，請聯絡

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本拿比鄰里之家是一個社區為本和受社區資助的機構，位於 Tsleil-Waututh (səliłwətaʔ)、Kwikwetlem (kʷikwə́ləm)、Squamish (Skwxwú7mesh Úxwumixw) 和 Musqueam (xʷməθkʷəyəm) 未割讓的領土上，特別關注鄰里互助。



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