

## In collaboration with

## Mother & Child **Emotional Power Drop-in Program**





Exploring the role of emotional well-being in early childhood & becoming aware of your children's emotions

We have play, reading time, and arts & craft.

## Parenting Session!

We discuss topics such as children's developmental stages, nutrition, behaviours and more.

Tuesdays, 1:30pm-3:00pm (ages 0-6 yrs) February 4, 2025 - March 4, 2025

> **Burnaby Neighbourhood House** 4460 Beresford Street (3rd floor) Burnaby, BC

Snacks and refreshments are provided for children. For more information, please email cwwa@vlmfss.ca or call 604-436-1025 (Ramzia and Maria Elena)

