

Caregiver Journey Lunch

Join us for Urinary Incontinence workshop



Thursday, November 21st

10:30 to 11am: coffee time

11am to 12pm: Nurse Talk:

**Urinary Incontinence by Proof
of Care (Chio Pinto)**

12pm to 12:30: Lunch

12:30pm: Fall Leaves Art by Lida

Free: For unpaid Caregivers

**Urinary incontinence is a common
problem that is thought to affect
millions of people, and it is
important for us to learn
how to deal with it.**

To register, contact Leila :

 seniorpeercaregiver@burnabynh.ca

 **604-375-5778**

 **South House
4460 Beresford St
Banquet Room 1-Third Floor**

Burnaby's Caregiver Support Program
is funded by the Government of BC
and managed by the
United Way of BC



United Way
British Columbia

Working with communities in BC's
Interior, Lower Mainland, Central
& Northern Vancouver Island



Burnaby Neighbourhood House is a community driven and community funded agency located on the unceded territories of the Tseil-Wauthuth (səlilwətaʔt), Kwikwetlem (kwikwəʔləm), Squamish (Skwxwú7mesh Úxwumixw) and Musqueam (xʷməθkʷəy̓əm) nations with a unique focus on neighbours supporting neighbours.