

Caregiver Lunch

“Extreme Heat” Workshop



Thursday, Aug 1st
12:30 PM to 3 PM
Brentwood House


2055 Rosser Ave
Fee: Free for caregivers

Attend our free presentation about Extreme Heat where you'll learn about the causes and impacts of extreme heat events, practical strategies for staying safe and cool.

Host: Melody Monro from Fraser Health - 1 PM
Activity : Playing Harmonica by Joseph 2 PM

Contact Leila to register:

 Seniorpeercaregiver@burnabynh.ca

 **604-375-5778**

Burnaby's Caregiver Support Program is funded by the Government of BC and managed by the United Way of BC



Seniors First BC is a charitable, non-profit society that provides information, advocacy, and support to seniors across BC who are dealing with issues affecting their well-being.



United Way
British Columbia

Working with communities in BC's Interior, Lower Mainland, Central & Northern Vancouver Island



Burnaby Neighbourhood House is a community driven and community funded agency located on the unceded territories of the Tsleil-Wauthuth (səlilwətaʔt), Kwikwetlem (kʷikwəʔləm), Squamish (Sḵw̓xwú7mesh Úxwumixw) and Musqueam (xʷməθkʷəy̓əm) nations with a unique focus on neighbours supporting neighbours.