

# Caregiver Journey Lunch


## “Medicine Management” Presentation



**Thursday, July 18**  
**10:30 AM to 1:30 PM**  
**South House**  
**4460 Beresford St**  
**Banquet Room 1-Third**  
**Floor**

To register, contact Leila :

 [seniorpeercaregiver@burnabynh.ca](mailto:seniorpeercaregiver@burnabynh.ca)

 **604-375-5778**

Join us for a comprehensive Medicine Management Workshop designed to help safely and effectively manage your medications for better health and well-being!

Host : GreenShield Pharmacy (11:00 AM)

Lunch: 12:00 PM

Activity: Online chair yoga (after Lunch )

Burnaby's Caregiver Support Program is funded by the Government of BC and managed by the United Way of BC



**United Way**  
British Columbia

Working with communities in BC's Interior, Lower Mainland, Central & Northern Vancouver Island



Burnaby Neighbourhood House is a community driven and community funded agency located on the unceded territories of the Tseil-Wauthuth (səlilwətaʔt), Kwikwetlem (kwikwəʔləm), Squamish (Sḵwxwú7mesh Úxwumixw) and Musqueam (xʷməθkʷəy̓əm) nations with a unique focus on neighbours supporting neighbours.