

Caregiver Journey Lunch includes an overview about "Seniors First BC"




Thursday, June 20th
10:30 AM to 2:00 PM
South House
4460 Beresford St
Banquet A-Third Floor
Fee: Free

Join us for a session on
"Introduction of Seniors First
BC"
self-care activity with Lorena:
"My Success Starts with Me,"

To register, contact Leila :

 Seniorpeercaregiver@burnabynh.ca

 **604-375-5778**

Burnaby's Caregiver Support Program
is funded by the Government of BC
and managed by the
United Way of BC



seniors first BC



United Way
British Columbia

Working with communities in BC's
Interior, Lower Mainland, Central
& Northern Vancouver Island

Burnaby Neighbourhood House is a community driven and community funded agency located on the unceded territories of the Tsleil-Wauthuth (səlilwətaʔt), Kwikwetlem (kwikwəłəm), Squamish (Skwxwú7mesh Úxwumixw) and Musqueam (xʷməθkʷəy̓əm) nations with a unique focus on neighbours supporting neighbours.

