

Caregiver Lunch Advance Directive Origami



**Thursday, April 4th
12:30 to 3PM
Brentwood House
2055 Rosser Ave**

**Join us to empower your knowledge to
take charge of your health care
decisions for the future!**

**Self Care Activity: Origami (The art of
shaping objects with paper)**

Host: Ann Marie Carlson

From Seniors Health and Wellness Institute

Contact Leila to
register:

Burnaby's Caregiver Support Program
is funded by the Government of BC
and managed by the
United Way of BC



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604-375-5778



**United Way
British Columbia**

Working with communities in BC's
Interior, Lower Mainland, Central
& Northern Vancouver Island



Burnaby Neighbourhood House is a community driven and community funded agency located on the unceded territories of the Tsleil-Wauthuth (səlilwətaʔt), Kwikwetlem (kwikwəʔəm), Squamish (Skwxwú7mesh Úxwumixw) and Musqueam (xʷməθkʷəy̓əm) nations with a unique focus on neighbours supporting neighbours.