



TAI CHI MONDAYS

An Art Embracing the Mind, Body and Spirit.

for beginners



MONDAYS



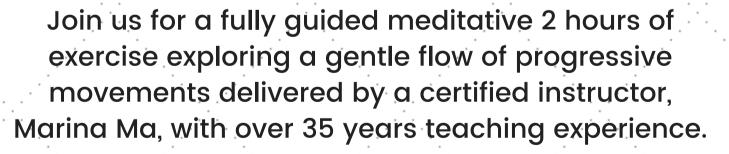
10:30AM-12:30PM Q

BNH BRENTWOOD HOUSE

2055 Rosser Ave



BNH Membership required (\$5/individual or \$10/family) + Community Program Fee: \$5



To register,

Email anni @burnabynh.ca

Burnaby Neighbourhood House is a community driven and community funded agency located on the unceded territories of the Tsleil-Wauthuth (səlilwəta?), Kwikwetlem (kwikwəλəm), Squamish (Skwxwú7mesh Uxwumixw) and Musqueam (xwməθkwəyəm) nations with a unique focus on neighbours supporting neighbours.