## Wednesdays 1-3pm January 31- February 14, 2024 Senior's Cooking Class



Learn to make nutritious, affordable, and multicultural meals at home!

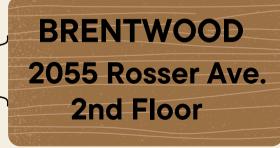


Build on skills or learn new ones



Enjoy a tasty meal after your hard work







included)

CARE

Contact Sophia at sophiab@burnabynh.ca

to register or call 604-299-5778!

55+ to join

Burnaby Neighbourhood House is a community driven and community funded agency located on the unceded territories of the Tsleil-Wauthuth (səlilwizta?ł), Kwikwetlem (k~ik~ə\əm), Squamish (Skwxwû7mesh Úxwumixw) and Musqueam (x~mə∂k~ə)əm) nations with a unique focus on neighbours supporting neighbours.