

Settlement & Integration Program

COOK AND CHAT!

Fridays
10 am - 12 noon



Free weekly cooking group via Zoom

- cook new healthy foods
- practice English
- meet new friends
- receive recipes each week by email
- get support with new recipes
- cook from your own kitchen
- learn to save money on groceries
- share cultural experiences

To join Lynn's cooking group, contact Lynn:

kitchens@burnabynh.ca

or call Lynn at 604-431-0400 to leave a message

www.burnabynh.ca

The Burnaby Neighbourhood House is a Charitable Non-Profit Organization. We are a volunteer driven community-funded agency with a unique focus on Neighbours supporting Neighbours.

Burnaby Neighbourhood House located on the traditional unceded territories of Coast Salish Nations



4460 Beresford Street
Burnaby, BC V5H 0B8
(In front of Metrotown Skytrain)
(604)431-0400

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