



Main: 604 431 0400

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www.burnabynh.ca

Seniors Frozen Meals Program

What?

This program is for seniors in Burnaby who have difficulty cooking for themselves at home. Menu items in the freezer will change regularly.

The cost is \$7 per meal

Cash only

Who?

You must be a member of Burnaby Neighbourhood House and a senior 55+

Where?

These meals can be picked up at
South Burnaby Neighbourhood House location
4460 Beresford Street

When?

Available for pickup on

Tuesday 11am - 4pm

Wednesdays 11am – 4pm

Thursday 11am – 4pm

Friday 11am – 4pm

For more information, please contact Emily

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