



CAREGIVER SUPPORT GROUPS



Are you a friend or family member who provides unpaid care for an adult or senior?

Are you looking for a safe and confidential group to share your experiences and challenges with other unpaid caregivers?

Are you looking for other resources or workshops to help and support you with this important role?



BURNABY'S CAREGIVER SUPPORT PROGRAM IS FUNDED BY BC COMMUNITY GAMING GRANT AND THE GOVERNMENT OF BC, MANAGED BY UNITED WAY OF BC AND SUPPORTED BY FAMILY CAREGIVERS OF BC



Family Caregivers
of British Columbia



United Way
British Columbia

Working with communities in BC's
Interior, Lower Mainland, Central
& Northern Vancouver Island



When?

In person 10:30am -12:30 pm, 2nd Thursday and
By Zoom 6-8 pm, 4th Thursday of the Month.

For more information, contact Kathy 236.885.7303 or kathyb@burnabynh.ca

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Burnaby Neighbourhood House is a community driven and community funded agency located on the unceded territories of the Tsleil-Waututh (səlilwətaʔt), Kwikwetlem (kʷikwəʔləm), Squamish (Skwxwú7mesh Úxwumixw) and Musqueam (xʷməθkʷəy̓əm) nations with a unique focus on neighbours supporting neighbours.