

Settlement & Integration Program

Learn & Play

# Family Place

Special Event:

## KIDS' HEALTHY EATING

For Newcomer Families and  
their children (0-5 years old)



### Speakers:

BCIT Nursing students of the  
Public Health and Health  
Promotion Program will be  
present to answer questions and  
share information.

### Learn about:

- Healthy eating habits for your little ones
- Canada's Health Food Guide
- Resources for healthy meals for the family
- Experience our Family Place drop-in with fun free-play, snack time, stories, and songs

Tuesday, March 14, 2023

9:30AM- 11:30AM

**BNH South House**  
**4460 Beresford Street**

**For more information or to register:**

email: [giselab@burnabynh.ca](mailto:giselab@burnabynh.ca), or

call: 236-833-6515

[www.burnabynh.ca](http://www.burnabynh.ca)

*Burnaby Neighbourhood House is a community driven and community funded agency located on the unceded territories of the Tsleil-Waututh (səlilwətaɣ), Kwikwetlem (kwikwəɬəm), Squamish (Skwxwú7mesh Úxwumixw) and Musqueam (xʷməθkʷəy̓əm) nations with a unique focus on neighbours supporting neighbours.*



4460 Beresford Street  
Burnaby, BC V5H 0B8  
(In front of Metrotown Skytrain)  
(604)431-0400

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