

CAREER & LIFE DEVELOPMENT WORKSHOP

Date: Feb 15 2023
Time: 2:00-4:30pm



Do you want to know more your hopes and dreams about your work and life?
Do you want to enhance your career development?



ENOW & VASK HELP YOU !!!

ENOW: Work can be defined as employment, voluntary work and unpaid work

VASK: Value | Attitude | Skill | Knowledge

(developed by CLAP@JC HK)



In this workshop, you can explore your "paid" and "unpaid" experience which allows you to showcase your strengths from different angles.

By exploring your own VASK, you would understand more about yourself and present to the others.



WHO IS ELIGIBLE ???

Youth ages 16-30 who are looking for self reflection and self enhancement activities

For more information, contact us at
caseworker@burnabynh.ca or call 236-858-4979.