



ANNUAL REPORT 2021-2022

Our vision is to make neighbourhoods better places to live.

Burnaby Neighbourhood House is a community driven and community funded agency located on the unceded territories of the Tsleil-Wauthuth (səlilwəta?), Kwikwetlem (kwikwəλəm), Squamish (Skwxwú7mesh Úxwumixw) and Musqueam (xwməθkwəyəm) nations with a unique focus on neighbours supporting neighbours.



Chair's Message 2021-2022

As an integral part of our local community for the past 25 years, many of us have personally experienced the benefits of having an active neighbourhood house in Burnaby. Were your children enrolled in the Burnaby Neighbourhood House Preschool, operating at three locations, or one of the 9 afterschool care programs? Did you join us for an evening of fun and food, prepared by dedicated volunteers, for our monthly Sharing Cultures Nights? Perhaps you or a loved one attended a Parenting workshop, a Seniors' luncheon, a Cardio Dance Class or another BNH program aimed at supporting Burnaby residents. We continue to operate the BNH food hub at both the North and South locations, and recognize that the BNH foodbank has filled a tremendous need.

Still, as if the Burnaby Neighbourhood House was not already a champion in the community, filling gaps to improve the lives of newly arrived and well-established "Burnabeings", the little House that could did more! In 2021, BNH took under its proverbial wing, three additional organizations: Burnaby Community Services, Burnaby Meals on Wheels, and the Burnaby Seniors Outreach Society.

As anticipated, the cooperation of these Burnaby groups has allowed for additional programs and projects, and a more effective way to meet ever-growing demand. Burnaby Community Services offers seniors transportation, operates the Christmas Bureau, supports low-income families with subsidies for children's camps and Burnaby Parks & Recreation programs, hosts the Coldest Night of the Year every February, offers Law Advocacy for free legal advice, and more. This year, Burnaby Meals on Wheels will bring over 9,000 nutritious meals, with a side of friendship, to over 135 homes. Caregivers and seniors can take advantage of educational programs and support offered by the Burnaby Seniors Outreach Society.

Over my last 3 years as Board Chair for the Burnaby Neighbourhood House, I have seen exciting changes and unprecedented growth. I have had the privilege of working with Board Members, BNH staff, and volunteers who dedicate themselves tirelessly to developing new programs, maintaining essential services, and facilitating projects all geared at meeting the needs of community residents.

In my last message to you, as I come to the end of my term as Chair, I remind you that none of this work could be done without the generous support of our innumerable benefactors and volunteers. While much of our financial help comes from individuals and small business, many of our programs operate on volunteer hours. We continue to be immensely grateful and recognize that we are very fortunate to have your continued support of dollars and dimes, months and minutes. Together at the Burnaby Neighbourhood House, we are making a difference and uplifting spirits.



Burnaby Neighbourhood House - Board & Committees

| Antonio Simoes | Board Chair | Finance |
|-------------------|---------------|---|
| Ted Wiens | Vice Chair | Strategic Directions Chair, Finance |
| Shyam Sandhu | Finance Chair | Finance Chair |
| Sue Montabello | Secretary | Fundraising, North House Steering |
| Colette Babinszki | Board Member | Policy & Personnel Chair, Fundraising |
| Jennifer Lyle | Board Member | Fundraising Chair |
| Kevin Rakhra | Board Member | Strategic Directions |
| Nadia Di Spirito | Board Member | North House Steering Chair, Fundraising |
| Alfred Romann | Board Member | Finance, Strategic Directions |
| Kathryn Yamamoto | Board Member | Fundraising, Personnel & Policy |
| Jonathan Chan | Board Member | Strategic Directions |
| Ronnie Bahia | Board Member | Personnel & Policy |
| | | |

The Burnaby Neighbourhood House Board of Directors are also the directors for Burnaby Community Services, Burnaby Meals on Wheels, and Burnaby Seniors Outreach Services Society.

Senior Management Team

Antonia Beck - Chief Executive Officer Kamaljit Rai - Director of Finance Kimberly Barwich Gulalai Habib Board Committee Volunteers include: Parisa Pajouhesh - Personnel & Policy Grant Withers - North House Steering Yunuen Perez - North House Steering

Laurie Very -North House Steering

Board Committees

BNH Board members serve on a number of leadership committees including: Finance; Strategic Directions; Fundraising; Personnel and Policy; and North Steering. The board committees are comprised of board members and local volunteers with leadership expertise.

Simone Brandl Sara Shaw

Burnaby Neighbourhood House Highlights

Many people benefited from Programs and Services: Participant contacts with staff and volunteers - 192,706 Adults - 6,828 Children and Youth - 5,296 Volunteer Hours - 20.033 Volunteers - 1,060

- Daycare operations expanded with the opening of Suncrest School Age Child Care and Marlborough Preschool/School Age Child Care centres adding 53 licensed before and after school care spaces.
- Over 1,500 newly arrived individual immigrants/refugees received direct settlement and integration services by BNH Case Managers and Community Connection Coordinator, and an estimated 2,700 newcomers received additional general support by BNH programs and services.
- In partnership with the national Women's Economic Council, the Settlement program started a new pilot focused on small-business development learning support for newcomer women.
- The shopping and meal delivery program provided 130 frail seniors with over 3,380 freshly prepared meals meeting nutritional needs.
- Volunteers in Adult Literacy Programs helped 80 people to improve their reading and writing skills and supported over 275 people to learn digital skills helping them connect to services and their community.
- 35 youth participated in the Youth Employment program; graduates are working in a variety of fulfilling positions, including Accounting, Library Information, Childcare and Data Analytics.
- Free after school Friendship Club programs targeted at children requiring extra support, helped 116 children during the school year at 3 sites and 236 children during the summer at 4 sites to improve social skills, make new friends and learn new skills in a safe. welcoming program.
- "Stride Arts Festival" a 2-week hybrid event (in person and virtual) reminded us that the arts paired with a vibrant community spirit continue to connect North Burnaby. The North House Art Committee donated well over 600 hours with 3380 individuals participating in workshops, art exhibitions and community art installations.
- On Earth Day 2022, North House partnered with Burnaby SD41 and Heights Neighbourhood Association and organized a community cleanup along Hastings Street in Burnaby. Over 321 neighbours came out that day to clean up the trash in their own community.
- Community volunteers facilitated many free virtual and outdoor community led events and programming, such as Qi Gong, Yoga, Tai Chi, Community BBQ's, Writing classes, as well as art and cooking workshops. 1159 people attended these programs.
- Our North and South Food Hubs provided emergency food support every week to almost 1000 households in Burnaby. This collaboration began over the pandemic with 7 other agencies in Burnaby and together we continue to support 7,145 people per week to access much needed groceries.
- Family Resource programs included both virtual and in person programming. Family Place provided support to 607 families with over 165 sessions including dental clinics and parenting workshops. Family Fun in the Parks organized at three different Burnaby parks during the warmer weather was attended by 46 Parents and 58 children.

Financial Report 2021-2022

Statement of Financial **Position**

31 August 2022

Assets: Current

| Cash | 758,296 | |
|--------------------------|-----------|--|
| Short term investments | 230,714 | |
| Accounts receivable | 73,240 | |
| Prepaid expenses | 35,069 | |
| Due from related parties | 99,426 | |
| Total Current Assets | 1,196,745 | |
| | | |
| Tannible canital | | |

Tangible capital

| assets (see note | 1,041,003 |
|------------------|-----------|
| below) | |
| | 2 227 010 |

1 041 065

20 004

Total Assets 2.237.810

Liabilities and Net Assets:

Current

| Accounts payable and accrued | 329,204 |
|------------------------------|---------|
| liabilities | |
| | |

| government | 30,004 |
|--------------------|--------|
| remittance payable | |
| Deposits | 62,791 |
| | |

| Deferred operating | 710 260 |
|--------------------|---------|
| contributions | /10,200 |

| Total Current | 1,133,067 |
|---------------|-----------|
| Liabilities | 1,133,067 |

| Deferred capital | 283,299 |
|------------------|---------|
| contributions | 203,299 |

| Total Liabilities | 1,416,366 |
|-------------------|-----------|
|-------------------|-----------|

Net Assets

| Unrestricted | 63,678 |
|------------------|---------|
| Invested in | |
| tangible capital | 757,766 |
| assets | |

Total Net Assets 821,444

| Total Liabilities | 2 227 010 |
|-------------------|-----------|
| and Net Assets | 2,237,810 |

Total purchase of capital assets during the year was \$19,747.

Statement of **Operations**

For the year ended 31 August 2022

Revenues:

| Grant income | 2,710,247 |
|-------------------|-----------|
| Program fees | 1,679,483 |
| Donations | 147,225 |
| Gaming revenue | 118,877 |
| Fundraising | 83,474 |
| In-kind donations | 31,512 |
| Other | 10,765 |
| House merchandise | 510 |
| | |
| Total | 4,782,093 |

Expenses:

| Program wages and benefits | 3,126,115 |
|---|-----------|
| Program expenses | 1,247,473 |
| Program rent | 246,146 |
| Administration and operations | 765,139 |
| Total | 5,384,873 |
| less: Administrative recovery and allocation* | 561,329 |
| Total | 4,823,544 |
| Revenues over expenses for the | -41,451 |

*Administration recovery and allocations are reported as a reduction of expenses on financial statements.

year

A detailed copy of the audited BNH financial statements as well as the financial statements of Burnaby Community Services, Burnaby Meals on Wheels and Burnaby Seniors Outreach as reported on by Rolfe, Benson LLP Chartered Accountants are available upon request.

Burnaby Neighbourhood House - Strategic Plan 2022-25

VISION

Burnaby neighbourhoods are the best places to live.

MISSION

BNH enables people to enhance their lives and strengthen their community. we work with our communities to develop innovative programs and services that meet the changing needs of a diverse population.

VALUES

Connect. Engage. Belong. Care.



STRATEGIC PRIORITIES



To create a BNH culture where staff and volunteers feel connected, valued and a sense of belonging.



To strengthen community engagement and empower local voices.



To refine organizational alignment and enhance BNH's sustainability.



Revise BNH compensation structure.



Create intentional space where people's voices can be heard (e.g. Staff Appreciative Inquiry).



Educate ourselves and examine our practices around equity and inclusion.



Create transparent pathways and structures that promote career growth toward a diverse leadership team.



Develop more interconnected BNH staff and volunteer teams through improved communication tools and systems.



Increase capacity to support local leadership.



Embed skilled community building leaders by increasing volunteer led opportunities.



Facilitate civic engagement and empower full participation of local residents.



Ensure under-represented and equity seeking communities are included.





Align the four societies under a shared community vision.



Refresh BNH's organizational structure.



Communicate and raise awareness of BNH's new shared community vision.



Commit to learning and applying JEDI frameworks across practices and policies.



Grow sources of unrestricted funding.



Refine BNH mission alignment by examining its programs and partnership.

Integrating 3 New Societies under the Burnaby Neighbourhood House Umbrella

2022 was a very busy year as Burnaby Neighbourhood House continued to move through the process of integrating Burnaby Community Services, Burnaby Meals on Wheels, and Burnaby Seniors Outreach Societies as partner agencies under the BNH umbrella. The year was spent learning about the various programs and operations of each of the societies as well as communicating the organizational changes to the community and stakeholders. The BNH board of directors wanted to make sure that we delivered on our commitment to ensure sustainability of all programs for each of the societies. Together, we created a unique integrated model whereby all the societies remain independently registered but share the same board of directors, membership, and programs, and operations are under the leadership of the BNH senior management team. Making these changes involved updating bi-laws and the constitution as well as receiving approval from the CRA to change fiscal years to align with the BNH fiscal year. You will note that this report does not include the "short year" financial statements of the 3 societies although they are available upon request.











Burnaby Community Services program Highlights – January to August 2022 (8 months)

- Planning for the 2022 Christmas Bureau season took place with the securing of toy storage and space at the Amazing Brentwood Mall for the 2022 Toy room.
- Camping Bureau resumed and provided subsidies to 49 Burnaby children to attend and experience summer activity programs.
- Staff registered 602 individuals for recreation credits in partnership with the Burnaby Parks and Recreation department allowing low income families to access City recreation services.
- Volunteers and staff helped 137 low income earners file their 2021 income tax returns and helped 48 individuals with form filling which included a range of government forms for supports.
- The Poverty Law advocate, funded by the Law Foundation, helped 282 individuals with accessing support in areas such as residential tenancy, accessing government benefits, and ID replacement
- Volunteers provided 120 door to door transportation rides to 21 unique seniors to medical and dental
 appointments. The transportation program became integrated into the continuum of supports offered
 by BNH and Burnaby Seniors Outreach Society with shared referrals and intentional connections.
- BCS updated and published the 2022 Burnaby Community Resource Guide, Seniors Resource Guide, and the "pocket" community resource cards .



MEALS ON WHEELS

Burnaby Meals on Wheels Highlights January to August 2022 (8 months)

- The Burnaby Meals on Wheels program delivered hot nutritious meals to elderly and physically challenged individuals that supported good health and living independently in their own homes.
- During the interim period, 146 seniors were delivered a total of 9997 meals and 39 volunteers gave a total of 2128 hours.
- The BMW program began working very closely with the BNH senior's team providing an integrated continuum of supports to Burnaby seniors. Planning and conversations began about incorporating the BNH seniors frozen meal and food hub delivery program into the BMW program structure.













Burnaby Seniors Outreach Services Society April to August 2022 (5 months)

- Programs and operations became fully integrated into the continuum of program supports offered by BNH seniors' department.
- The Senior Peer Support program was expanded to include training for seniors to provide 1-on-1 peer support, as well as community outreach at events, and accompaniment to community programs.
- 6 new peer support volunteers were recruited and trained and added to the team.
- The volunteers, along with staff, supported 304 isolated seniors – 180 at community outreach, 43 through education and wellness workshops, and 81 through information and referral.
- Weekly Caregiver support groups were offered helping caregivers to connect with staff, many of the caregivers were also seniors and benefited from referrals to valuable programs and supports.
- A series of educational workshops around topics such as health care system navigation and home supports, and self-care wellness strategies were attended by 37 individuals.
- 163 seniors and their loved ones participated in Dementia Cares, Memory Club and the "New Dimensions" choir which provided fun. support and information.

Funders and Sponsors 2021-2022

We gratefully acknowledge these funders for their support to programs and services:

Active Earth Engineering Ltd.

Alexandra Foundation Knights of Columbus Lesley & Carlos Oxendale

Andrew & Colette Babinszki BC Gaming & Enforcement Branch

Lohn Foundation Lorraine St. Jean

BC Housing BC Technology of Learning Society

MAC&MAC Hydro Demolition Services Inc.

Beaver Electrical Machinery Ltd.

Metropolis at Metrotown

JT Charitable Trust

BlueShore Financial

Metrotown Mazda

BOSA Properties

Ministry for Advanced Education and Labour Market Development Ministry for Children and Family Development

Burnaby Board of Trade

Mulberry PARC

Burnaby Firefighters Charitable Society Burnaby Lougheed Lions

New Horizons for Seniors Program

Burnaby North Secondary School - Christmas Cheer Committee

Paul Leung

Burnaby Teachers Association Chambers of Commerce Group Insurance Plan

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Parkland Canada

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PNG Enterprise Foundation

Coast Capital Savings

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COBS Bakery

RBC Royal Bank

Concord Pacific Developments Inc Decoda Literacy Foundation Rethink Real Estate Group

Deer Lake Law Group

Ritchie Bros. Auctioneers

Edith Lando Charitable Foundation

Rogers Communications Canada Ltd. Rotary Club of Burnaby

Elements Casino Victoria

Rotary Club of Burnaby Metrotown

Employment and Social Development Canada

Royal Canadian Legion Vancouver (BC/Yukon) Branch 44

Ethiopian Community Association of B.C.

SFU BASS

Face the World Foundation

Simon Fraser University StreetSide Developments

Food Banks Canada Fortis BC

Studio Brewina

Fraser Health

TD Bank

Futat Roofing

The Beedie Foundation

G&F Financial Group Gateway Casinos & Entertainment Ltd.

The Province Empty Stocking Fund The Law Foundation of British Columbia

George & Bonnie Game Charitable Fund

Thunderbird Marina (2017) Ltd

Heights Merchant Association Henry & Georgina Sue Tourism Burnaby

Human Resources and Social Development Canada

United Way of Lower Mainland Vancity Savings Credit Union

IG Wealth Management

Vancity Community Foundation

Immigration, Refugees and Citizenship Canada

Wesgroup Properties

Innovation, Science and Economic Development Canada Intracorp Willingdon Heights Eyecare Optometry Youth and Philanthropy Initiative Canada

Ironworkers Local 97



In-Kind Contribution

Burnaby NOW

Delta Hotels Conference Centre Burnaby

Fapara Holdings Global BC

Minuteman Press Burnaby



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