

TAICHI &

SWORD CLASSES (55+)

Tai Chi - Intermediate
Wednesdays 10:00 - 11:00 am

Tai Chi - Beginner

Wednesdays 11:00am - 12:00 pm

Tai Chi Sword

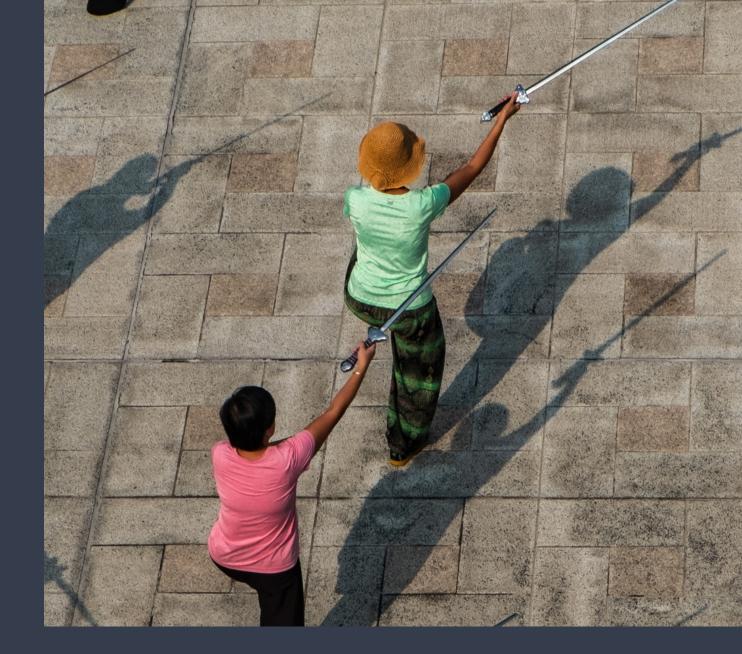
Fridays 3:00 - 4:00 pm

Tai Chi - Advanced

Fridays 4:00 - 5:00 pm

TO REGISTER:

Call Emily at 604.431.0400 or emilyceburnabynh.ca







Burnaby Neighbourhood House is a community driven and community funded agency located on the unceded territories of the Tsleil-Wauthuth (səlilwəta?+), Kwikwetlem (kwikwəðam), Squamish (Skwxwú7mesh Úxwumixw) and Musqueam (xwmə0kwəyəm) nations with a unique focus on neighbours supporting neighbours