

CARDIO

DANCE

CLASS

By Laura Luna

- **MONDAYS & WEDNESDAYS**

Classes start: Monday, November 14, 2022.

- **4:30 PM - 5:30 PM**

📍 **THE AMAZING BRENTWOOD MALL**
4567 Lougheed Hwy, Burnaby

JOIN NOW

Enjoy a 45-minute class with a variety of rhythms: salsa, cumbia, reggaeton, hip-hop, and merengue.

Have fun while exercising & burn +300 calories!

REGISTER



604-294-5444



northinfo@burnabynh.ca

Burnaby Neighbourhood House is a community driven and community funded agency located on the unceded territories of the Tsleil-Waututh (səlilwətaʔ), Kwikwetlem (kʷikʷəłəm), Squamish (Sḵwəxwú7mesh Úxwumixw) and Musqueam (xʷməθkʷəy̓əm) nations with a unique focus on neighbours supporting neighbours.



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