



Senior Peer Support

- Do you want to make changes in your life?
- We have trained senior volunteers who can help you think of possible solutions to these issues and assist you in exploring your options.
- Possible topics; Caregiver for a family or friend, loss of independence, retirement, connecting to your community, isolation and loneliness

For more information contact Kathy at

236.885.7303 / 604-431-0400

or

kathyb@burnabynh.ca

BURNABY'S SENIOR PEER SUPPORT PROGRAM IS FUNDED BY THE GOVERNMENT OF BC, MANAGED BY UNITED WAY OF BC AND SUPPORTED BY FAMILY CAREGIVERS OF BC AS WELL AS BC COMMUNITY GAMING GRANT



United Way
British Columbia

Working with communities in BC's Interior, Lower Mainland, Central & Northern Vancouver Island



Family Caregivers of British Columbia



Burnaby Neighbourhood House is a community driven and community funded agency located on the unceded territories of the Tsleil-Waututh (səlilwətaʔt), Kwikwetlem (kwikwələm), Squamish (Skwxwú7mesh Úxwumixw) and Musqueam (xʷməθkʷəy̓əm) nations with a unique focus on neighbours supporting neighbours.

