

# Pet Therapy

## A Free Program for Family and Friend Caregivers

- ▶ Sessions offer participants a space to gather, socialize, and have therapy together.
- ▶ Participants can interact with trained therapy dogs.
- ▶ Feel happier - reduce your anxiety - join us and have fun!

**When:** Fridays, October 7th, October 14th, October 21st, 2:00-3:30 pm

**Where:** 2055 Rosser Ave, Burnaby

For Registration please contact:

[faryar@bbyseniors.ca](mailto:faryar@bbyseniors.ca)

or

604-375-5778

