

## Settlement & Integration Program

Burnaby Neighbourhood House  
located on the traditional  
unceded territories of  
Coast Salish Nations



## Welcome to BC - Orientations (in 1st language) for Newcomers

Language	Contact our Case Managers for registration	Orientation 1: General information on life, resources and systems in BC, dealing with stress of migration, etc.	Orientation 2: Federal & Provincial Benefits	Orientation 3: Money, budgeting, banking and Financial systems and tools
Arabic:	Karima Osman karimao@burnaby nh.ca; C: 236-877-2517	1st Monday of each month 11am – 1pm	2nd Monday of each month 11am – 1pm	3rd Monday of each month 11am – 1pm
Mandarin:	Dali Qu daliq@burnaby nh.ca; C: 236-877-2616	2nd Monday of each month 10am–12pm	3rd Monday of each month 10 am–12:00pm	3rd Monday of each month 10am –12pm
Dari:	Arman Zamani armanz@burnaby nh.ca; C: 604-657-2163	1st Friday of each month 1pm – 3pm	2nd Friday of each month 1pm – 3pm	2nd Friday of each month 1pm – 3pm
Farsi:	Maryam Torabizadeh maryamt@burnaby nh.ca; C: 236-877-2531	1st Friday of each month 1pm – 3pm	2nd Friday of each month 1pm – 3pm	2nd Friday of each month 1pm – 3pm
Filipino:	Avelina Dioces avelinad@burnaby nh.ca; C: 236-889-4065	2nd Thursday of each month 11am–1pm	3rd Thursday of each month 11am–1pm	3rd Thursdays of each month 11am–1pm
Spanish:	Monica Tinajero Macarty monicam@burnaby nh.ca; C: 236-878-9405	1st Thursday of each month 11am – 1pm	2nd Thursday of each month 11am – 1pm	3rd Thursday of each month 11am – 1pm
Vietnamese:	Duy Tong duyt@burnaby nh.ca; C: 604-396-6955	1st Tuesday of each month 11am – 1pm	2nd Tuesday of each month 11am – 1pm	Every 3rd Tuesday of each month 11am – 1pm

[www.burnaby nh.ca](http://www.burnaby nh.ca)

*Burnaby Neighbourhood House is a community driven and community funded agency located on the unceded territories of the Tsleil-Waututh (səlilwətaʔ), Kwikwetlem (kʷikwəɬəm), Squamish (Skwəxwú7mesh Úxwumixw) and Musqueam (xʷməθkʷəy̓əm) Nations with a unique focus on neighbours supporting neighbours.*



4460 Beresford Street  
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(604)431-0400

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