



Senior Peer Support

Do you want to make changes in your life?

Are you looking for skills, tools and resources to solve everyday problems?

We have trained senior volunteers who can help you think of possible solutions to these issues and assist you in exploring your options.



F o r m o r e i n f o r m a t i o n
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Burnaby Neighbourhood House is a community driven and community funded agency located on the unceded territories of the Tsleil-Wauthuth (səlilwətaʔt), Kwikwetlem (kwikwəʔləm), Squamish (Skwxwú7mesh Úxwumixw) and Musqueam (xʷməθkʷəy̓əm) nations with a unique focus on neighbours supporting neighbours.

