



Burnaby Neighbourhood House

TAI CHI & SWORD BEGINNER CLASSES (55+)

FREE

Membership
required



Tai Chi:

Wednesdays 10:00 - 11:00 am

Sword:

Wednesdays 11:00 - 12:00 pm

STARTING FEB 23 2022

TO REGISTER:

Call Ann at 604.431.0400

or visit our office at

4460 Beresford Street

Burnaby Neighbourhood House is a community driven and community funded agency located on the unceded territories of the Tsleil-Waututh (səlilwətaʔt), Kwikwetlem (kʷikwəɬəm), Squamish (Sḵw̱xwú7mesh Úxwumixw) and Musqueam (xʷməθkʷəy̍əm) nations with a unique focus on neighbours supporting neighbours