

Guacamole

serves 4

A tried and true guacamole recipe that's easy to make, uses fresh ingredients and is loaded with flavor. It's the best guacamole dip hands down.

Ingredients:

3 ripe avocados
½ small onion, finely diced
2 roma tomatoes, diced
3 tablespoons finely chopped cilantro
1 jalapeno pepper, finely diced
2 garlic cloves, minced
1 lime, juiced
½ teaspoon salt



Directions:

- Slice the avocados in half, remove the pit, and scoop into a mixing bowl.
- Mash the avocado with a fork and make it as chunky or smooth as you'd like.
- Add the remaining ingredients and stir together. Give it a taste test and add a pinch more salt or lime juice if needed.
- Serve the guacamole with tortilla chips or with burritos. **Enjoy!**



Adapted from downshiftology.com