

## Settlement & Integration Program

Burnaby Neighbourhood House located on the traditional unceded territories of Coast Salish Nations



# CAREER EXPLORATION PROGRAM FOR YOUTH

Guiding Light: Words of wisdom from professionals



**SEPTEMBER 24, 2021 FROM 4:30-6:00 PM (ONLINE)**

### EPISODE 1: SELF-REFLECTION IN CAREER EXPLORATION

- How should I choose my career path?
- How does self-reflection help me choose my career?
- What should I do if I don't know what I want to do in the future?
- How do skills, passion, interests, values influence career choice?

### GUEST SPEAKER: Chancellor Kingsmyth Youth Employment and Case Worker at Burnaby Neighbourhood House

Chance has extensive experience supporting youth in their personal and professional development. Through his work, Chance has facilitated opportunities where youth can rediscover their strengths to achieve employment and overcome challenges.

For more information or to register, please email [giselab@burnabynh.ca](mailto:giselab@burnabynh.ca)

**WWW.BURNABYNH.CA**

Burnaby Neighbourhood House is a community driven and community funded agency located on the unceded territories of the Tsleil-Waututh (səlilwətaɣ), Kwikwetlem (kwikwəɬəm), Squamish (Skwxwú7mesh Úxwumíxw) and Musqueam (xʷməθkʷəy̓əm) nations with a unique focus on neighbours supporting neighbours.



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