#### **Foundations of Leadership**

#### **Grades 8-9**

Foundations of Leadership Program offers youth a place to belong, make friends and build community connections while providing them with a strong base of theoretical and practical leadership skills.

We want them to know they have a place in their community. We hope to guide youth in finding their skills and confidence through a variety of activities, workshops and volunteer opportunities.

The Burnaby Neighbourhood House aspires to help young people become the future leaders of their community!

Youth are encouraged to come and check out a session anytime!



Volunteer Hours: 120 (incl. summer)
From September to June:
Wednesdays 3:45pm-6:00pm

Cost: \$100 (Subsidies available)

#### July

Three times a week, for ~4 weeks, dates: TBA For youth going into grades 8, 9 & 10 (summer only)



#### **Future Leaders**

#### **Grades 10-12**

This 12-week youth leadership development and volunteer program offers youth the opportunity to learn new skills and work with children in recreational settings, community events and other Burnaby Neighbourhood House Programming. Through a variety of workshops, activities and certification training, we aim to help instill the confidence and skills needed to be the leaders of their community!

Volunteer Hours: 80
Three Sessions: 12 weeks
Mar - Jun / Sept - Nov / Dec - Mar

Training can vary depending on the season but generally the trainings are

Tuesdays from 3:45-6:00pm

~24 hours of training

Youth must also complete 24hrs of Leader-ship Development training

Cost: \$100 (Subsidies available)

July

**Summer Camp Leader Opportunities** 

## Leadership Development Training

Every week Burnaby Neighbourhood House Leadership Team will provide a series of workshops designed to build confidence, resiliency and life skills, including

- Goal Setting & Project Planning
- Financial Literacy
- Employment Skills
- Mental Health & Self Care
- Critical Thinking
- Post Secondary Prep



**Guest Speakers & Field Trips** 

Youth will have the opportunity to learn and engage with other leaders in the community through a series of guest speakers and field trips aimed at opening youth up to new discoveries.

These programs are generously supported by:





## Do I Have What It Takes To Be A Leader?

- I want to make an impact in my community
- I believe I have something to contribute
- I want to give back and make a difference in other peoples lives
- I want to discover my talents and skills, and share them with my community
- I want to be a role model and learn to be a positive mentor
- I want to inspire others



#### What Is Leadership?

Youth leaders take responsibility for the well-being and improvement of their com-munities. Everyday heroes that can make a profound contribution in social justice, environmentalism, feeding families, mentoring children/youth or helping spread positivity in the lives of their neighbours.

# Just want to VOLUNTEER? Youth Volunteer Squad

- Want to build relationships?
- Want to explore your strengths and passion?
- Inspired to contribute a change to your community?

Our youth teams support community initiatives all over Burnaby and we would love to have you as part of our squad! We keep track of all hours for school scholarship and work references!

For more information, contact:

#### **Chancellor Kingsmyth**

Youth Coordinator caseworker@burnabynh.ca

#### **Youth Leadership Assistant**

Youth Assistant youthassist@burnabynh.ca

### **South House**

4460 Beresford Street, Burnaby, BC, V5H 08B Phone: 604-431-0400

Email: info@burnabynh.ca

### **North House**

4908 Hastings Street, Burnaby, BC, V5B 1P6 Phone: 604-294-5444

Email: northinfo@burnabynh.ca

# Youth Leadership



for Youth in Grades 8-12 in North and South Burnaby

"The youth of today are the Leaders of tomorrow!"







Our Mission is to Make Neighbourhoods Better Places to Live