

French Toast

serves 4

A cheap and easy treat that is good any time of day! This is a great way to use stale bread.

Ingredients:

4 eggs
¼ cup milk
½ teaspoon vanilla extract
1 teaspoon cinnamon
2 tablespoons sugar
8 slices bread (stale is good!)
4 tablespoons butter for frying



Directions:

Beat together eggs, milk, vanilla, and cinnamon and pour into a shallow dish. Dip bread in egg mixture.

Melt butter in a fry pan over medium heat. Fry slices of dipped bread until golden brown; flip to cook the other side.

Serve with syrup, jam, fresh fruit or warm fruit sauce.

Enjoy!



For birthdays or special occasions, you can top French toast with a sprinkle of icing sugar and some whipped cream or ice cream!