Settlement & Integration Program

Burnaby Neighbourhood House located on the traditional unceded territories of Coast Salish Nations

COOK AND CHAT!

THURSDAYS 10 AM - 12 NOON

Free weekly cooking group via Zoom

- learn to cook new foods including healthy Canadian dishes
- meet new friends and practice English
- receive recipes each week by email



Benefits:

- · taste new foods
- learn about other cultures
- get support with new recipes
- cook from the comfort of your own kitchen
- discover how to save money on groceries

To join Lynn's Cooking Connection group, contact Lynn:

kitchens@burnabynh.ca or call Lynn at 604-431-0400 to leave a message

WWW.BURNABYNH.CA

The Burnaby Neighbourhood House is a Charitable Non-Profit Organization. We are a volunteer driven community-funded agency with a unique focus on Neighbours supporting Neighbours.



Funded by:

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