

The Settlement and Integration Program at Burnaby Neighbourhood House Presents

Nutrition Workshop

An engaging session as we continue our learning around the Canada Food Guide. Join us to share what ingredients you use to develop a healthy plate.



Join Svilena, BSc, a UBC Master's student in nutrition and a community learning enthusiast

Monday, November 9, 2020 from 5:30-6:30 via ZOOM

All are Welcome! Registration in advance required. Priority will go to PR Holders
Please contact Amal Ballu at amalb@burnabynh.ca or txt 236-877-2517
For more information, please visit www.burnabynh.ca



Burnaby Neighbourhood House
4460 Beresford Street
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