

# Tuna Salad

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*This is delicious served with crackers, tortilla chips, or in a sandwich. Kids love it when it's served in an ice cream cone!*

## **Ingredients:**

1 tin of tuna  
Zest of one lemon  
Salt and pepper  
Handful of green onions and/ or parsley  
1 stalk celery  
Mayonnaise or Miracle Whip  
Plain Yogurt

## **Directions:**

Open the tin of tuna and pour the liquid down the drain. Put tuna in a small bowl and fluff it with a fork.

Grate the zest (yellow part only) from a lemon, and add it to the tuna.

Finely chop a handful of green onions/parsley; add it to the tuna.

Finely chop a celery stalk; add it to the tuna.

Finally, add a combination of mayonnaise and yogurt to the tuna - about two heaping spoonfuls of each. Mix well and refrigerate until serving time.

## **Enjoy!**

