

# Chicken Waldorf Salad

serves 4-6

*This is a tasty way to use leftover cooked chicken, and to make use of fresh apples and grapes in the fall.*

## **Ingredients:**

2/3 cup mayonnaise (or 1/3 cup mayonnaise + 1/3 cup yogourt)

2 tablespoons fresh lemon juice

½ teaspoon salt

¼ teaspoon ground pepper

2 cups diced, cooked chicken

2 red apples, diced

2/3 cup sliced celery

½ cup sliced seedless grapes

½ cup chopped walnuts (optional)

## **Directions:**

In a large bowl, combine the mayonnaise, lemon juice, salt and pepper to make the dressing.

Add the cut chicken, apples, celery and chicken. Toss to coat with the dressing.

Cover and chill. Sprinkle with walnuts just before serving.

## **Enjoy!**

