



**BURNABY
FAMILY LIFE**
A PLACE TO GO... A PLACE TO GROW!

Burnaby Family Life
Address: 102 – 2101 Holdom Avenue,
Burnaby, BC V5B 0A4
Phone: 604-659-2200
Email: bfl_info@burnabyfamilylife.org
Web: www.burnabyfamilylife.org



A **FREE 8-session** educational and support program for parents with children under age 6, who want a chance to explore parenting ideas in a group setting. Do you feel that you don't have enough time for yourself and sometimes you are just too exhausted to be patient with your child? You wish you could understand your child better and be a better parent? We are NOT PERFECT, nobody is. This is the program that helps you to get to know your child and also provide you the skills and tools that help you gain confidence as a parent.

Free childcare (18m & up), snack and transportation are provided, if required.

When:	Wednesdays, April 22 nd , 2020 (8 sessions) 12.30pm to 2.30pm
Where:	Burnaby Neighbourhood House 4908 Hastings Street
Facilitator:	Kathryn Dula Burnaby Family Life
To register:	Please call 604-294-5444 Or email northinfo@burnabynh.ca