



Fatherhood, a journey

Come and meet other fathers to learn about raising children in today's society. You will be able to offer and receive support from other fathers that are experiencing the same struggles as you.

Topics include

- Parent/child attachment
- Parenting styles
- Children's temperament
- How to acknowledge and encourage your children
- How to increase positive communication
- Age and developmentally appropriate expectations and effective discipline
- Other topics can be included to meet the specific needs of the attending fathers.

Free childcare (18 months & up), snack and transit tickets are provided, if required.

When: Starting Wednesday, April 22, 2020
Weekly sessions for 8 weeks
6:30 - 8:30 pm

Where: Burnaby Neighbourhood House
4908 Hastings Street

Facilitator: Roland Boutin MA, CCC
Burnaby Family Life

To register: Please call 604.659.2205
or register online at:
www.burnabyfamilylife.org



This is a free program.

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