



## Fatherhood, a journey

Come and meet other fathers to learn about raising children in today's society. You will be able to offer and receive support from other fathers that are experiencing the same struggles as you.

Topics include

- Parent/child attachment
- Parenting styles
- Children's temperament
- How to acknowledge and encourage your children
- How to increase positive communication
- Age and developmentally appropriate expectations and effective discipline
- Other topics can be included to meet the specific needs of the attending fathers.

Free childcare (18 months & up), snack and transit tickets are provided, if required.

**When:** Starting Wednesday, January 15, 2020  
6:30 - 8:30 pm

**Where:** Weekly sessions for 8 weeks  
Burnaby Neighbourhood House  
4908 Hastings Street

**Facilitator:** Roland Boutin MA, CCC

**To register:** Please call 604.659.2205  
or register online  
[www.burnabyfamilylife.org](http://www.burnabyfamilylife.org)



This is a free program.

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