

LISTEN, SHARE & LEARN

For Women 55+



As we get older, we encounter things that we used to do that we have either abandoned, now find challenging. This group will help you explore these changes through support and sharing of information in a caring and confidential environment. Join us for this 6 week program.

WEDNESDAYS from 1:00 - 2:30 pm

October 2 - December 11, 2019

Burnaby Neighbourhood North House

4908 Hastings St., Burnaby

northinfo@burnaby.ca / 604-294-5444



The Burnaby Neighbourhood house is a charitable non-profit organization. We are a volunteer driven community - funded agency with a unique focus on neighbours supporting neighbours.