



BNH NORTH



July 24, 2019 | 2-3 pm

BURNABY NEIGHBOURHOOD NORTH HOUSE
4908 Hastings Street

EURYTHMY

Wonderful opportunity for everyone to learn harmonious movement and joyful presence that Eurythmy brings!

The word eurythmy comes from the Greek word meaning "beautiful or harmonious movement". It is an expressive form of the invisible aspects of audible and visible arts. It is the ability to transform the physical body into an instrument able to move in tune with life forces and the soul.

The Burnaby Neighbourhood House is a Charitable Non-Profit Organization. We are A Volunteer Driven community-funded agency with a unique focus on Neighbours supporting Neighbours.