

# Children Learn Through Play

Many child care programs use a “learning through play” approach. Play is important for healthy early childhood development because:

- Play fosters problem solving and flexibility in thinking.
- Children create meaning through play, exploring what they have learned and are curious about.
- Play supports the development of social skills. Children learn how to take turns, negotiate, and solve conflicts.
- Play is satisfying and absorbing and provides children with a chance to work through anxiety and stress.
- Play helps children feel good about themselves.
- Physically active play builds children’s strength and coordination.
- Play helps children to develop complex communication skills.

For information about broader community services, contact Burnaby Community Connections at 604-299-5778 or [www.burnabycommunityconnections.com](http://www.burnabycommunityconnections.com)

# Finding Child Care in Burnaby



Prepared by Burnaby Child Care Resources Group, a sub-committee of Burnaby City Council’s Social Issues Committee.

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Ella, age 4  
Yukon Crescent  
Children’s Centre



"IT IS  
THROUGH  
PLAY THAT  
CHILDREN  
LEARN BEST."

Canadian Child Care Federation



Cynthia, age 5  
Madison Children's Centre

"CHILDREN  
HAVE THE RIGHT  
TO PLAY."

United Nations Convention on the Rights of the Child

**The following organizations can assist you to find child care in Burnaby.**

### **YMCA Child Care Resource and Referral (YMCA CCRR)**

The YMCA Child Care Resource and Referral (YMCA CCRR) offers a variety of services to parents and child care providers.

Parents can get free information on child care and how to apply for child care subsidy. The YMCA CCRR offers consultation and referrals to licensed family and group child care facilities including registered licence-not-required family child care providers. A free Parent Package with information on choosing quality child care is available, including sample questions to ask when contacting and visiting child care programs.

Child care providers can access training, referral and consultation services, toy and resource lending library, newsletters, and other services.

Contact the YMCA CCRR at 604.294.1109 or <http://www.crr.bc.ca/>

### **Fraser Health Community Care Facilities Licensing**

The licensing program of Fraser Health maintains a complete, public list of licensed child care facilities in Burnaby. It also issues child care licenses to those facilities that meet Provincial standards. Information on both the list and licensing is available by contacting the Fraser Health Burnaby office at 604-918-7683 or <http://www.fraserhealth.ca/childcare/>.

### **Burnaby Supported Child Development Program**

The B.C. Centre for Ability is contracted by the Ministry of Children and Family Development to provide consultation and support services to children with extra support needs in a licensed child care program. Parents can contact the Burnaby Supported Child Development Program at 778-328-1625 ex 232 or <http://www.centreforability.bc.ca> .